

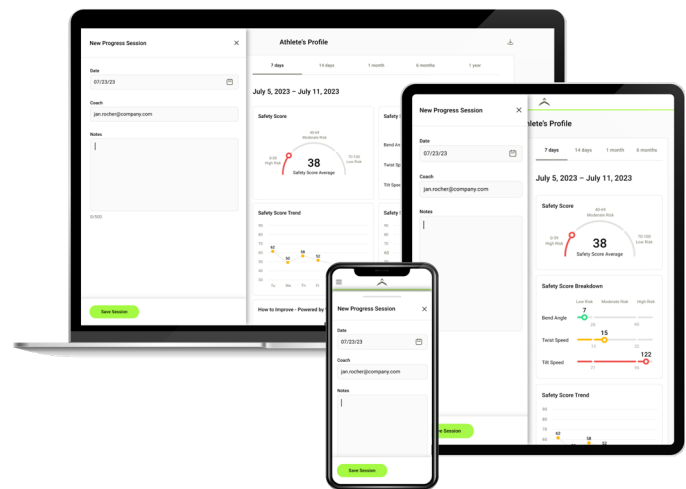
Drive safety performance with Progress Sessions

Boost engagement and reduce risks with real-time feedback and data-backed insights.

Progress Sessions serves as a valuable tool designed to assist managers in capturing digital notes during coaching sessions with team members, focusing on their Safety Score and lifting movements.

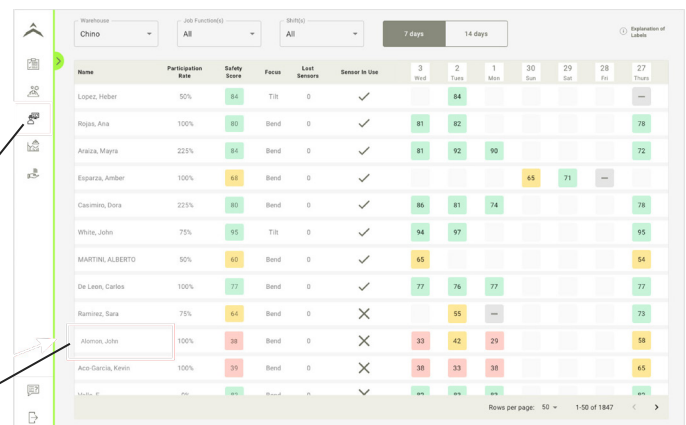
Accessible through the employee's profile on either desktop or mobile devices, this tool fosters a two-way accountability system, enhancing communication between managers and team members while reinforcing established workflows such as safety observations.

By utilizing the data collected, management gains valuable insights into the level of engagement between managers and team members, as well as the long-term impact of these interactions. This information can empower management to make informed decisions and optimize guidance strategies over time, retaining talent and minimizing downtime.

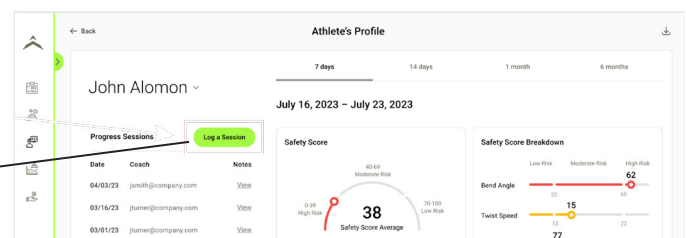


GETTING TO PROGRESS SESSIONS

1. From the sidebar navigation, click on intervention.
2. Click on the employee's name.
3. From the employee's profile, click on "Log a Session."



Name	Participation Rate	Safety Score	Faces	Lift Sensors	Sensor in Use	3	2	1	30	29	28	27
Lopez, Hider	50%	84	Tilt	0	✓			84				
Rojas, Ana	100%	85	Bend	0	✓	81	82					78
Aracila, Mayra	225%	84	Bend	0	✓	81	92	90				72
Esparrza, Amber	100%	65	Bend	0	✓				65	71		
Casimiro, Dora	225%	85	Bend	0	✓	86	81	74				78
White, John	75%	93	Tilt	0	✓	94	97					95
MARTINI, ALBERTO	50%	60	Bend	0	✓	65						84
De Leon, Carlos	100%	77	Bend	0	✓	77	76	77				77
Ramirez, Sara	75%	64	Bend	0	✗		55					79
Alomon, John	100%	38	Bend	0	✗	33	42	29				58
Aco-Garcia, Kevin	100%	35	Bend	0	✗	38	33	38				65
Walters, E	100%	78	Bend	0	✓	78	78					74



HOW TO LOG A PROGRESS SESSION

1. Choose the session date.
2. Enter the coach (manager).
3. Add any notes (optional).
4. Click on “Save Session.”

The 'New Progress Session' form on the left has fields for Date (07/23/23), Coach (jan.rocher@company.com), and Notes (0/500). A green 'Save Session' button is at the bottom. The 'Athlete's Profile' page on the right shows a '7 days' tab for the period July 5, 2023 – July 11, 2023. It features a 'Safety Score' gauge with a value of 38 (Moderate Risk) and a 'Safety Score Trend' line graph showing scores of 62, 50, 58, 52, and 38 over the week.

REVIEWING PRIOR SESSIONS

1. Choose a session from the list and click on “View.”

The 'Athlete's Profile' page for John Alomon shows a 'Progress Sessions' table with columns for Date, Coach, and Notes. The table lists four sessions, each with a 'View' link. A green 'Log a Session' button is at the top right. The right sidebar shows the '7 days' tab for July 16, 2023 – July 23, 2023, with a 'Safety Score' gauge at 38 and a 'Safety Score Trend' graph.

EDIT, DELETE, OR DOWNLOAD A PDF OF A SESSION

1. Once a saved progress session is open, choose edit, delete, or download a pdf.

The 'Progress Session' detail view for John Alomon shows the session date (07/23/2023), coach (janet.rocher@company.com), and notes: 'Talked to John about bending with knees more to reduce vibrational alerts from the sensor. Kate had a refreshing training session with John and it went well. Safety Score was averaging at 38. Bend needed the most improvement.' At the bottom, there are three buttons: 'Edit', 'Delete', and 'Download'.

BEST PRACTICES

Successful managers will work with the dashboard and individuals in a phased approach.



Phase 1

Ensure team members are educated and informed about the various risk factors associated with the Safety Score. Team members should be up to date with their training knowledge on moving with strength and care.



Phase 2

Choose your preferred method of identifying team members with whom to have a Progress Session. Focus on short and positive engagements that help reinforce moving with strength and care. Highlight focus areas by watching the improvement tips and videos together.



Phase 3

Follow up with employees and have an observation session. Note improvements, reminders, and additional coaching as needed.